



## Pearl District Happenings

June 9, 2011

# First Thursday

## FIRST THURSDAY IN THE PEARL

**June, 2011 - December, 2011**

Be sure to check the "Events" tab for a current list of First Thursday events each month.



# This Month in the Pearl

## SCOTT CHASE : SELECTED B & W PAINTINGS

**June 2, 2011 5:00pm - July 5, 2011 5:00pm**

Pearl Gallery & Framing  
1017 Portland, OR 97209

Pearl Gallery & Framing features emerging and local artists, jewelry, glass, ceramics, original paintings, pencil, chalk, screen prints and Giclees and also offers the very best picture framing options and services. For the month of June, Pearl Gallery is featuring Encaustic Painter Kelly Williams. Williams is a Portland artist with a professional background in social services and is actively



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**LIVE IT. LOVE IT.  
FIND IT IN THE PEARL.**

**Explore the Pearl**

**First Thursday**

**This Month in the Pearl**

**HOYT.**  
REALTY GROUP

[LiveinthePearl.com](http://LiveinthePearl.com)

**The Oregonian**



**PEARL'S BEST**

[Health and Wellness](#)

involved in the community on many levels. Her work has appeared in galleries and businesses nationally. She teaches the encaustic technique and helps people explore their personal inner landscapes and work through specific issues using encaustic painting as art therapy. Williams feels it is a cathartic medium, and she offers relaxing, supportive open studio classes. As a recipient of the community project grant from the Regional Arts and Culture Council, Williams has developed a project to work with people whose lives have been impacted by addiction through a project called "Recovery Panes."

## PEARL RECIPES - COMPLEMENTING THE "CULINARY RENAISSANCE" ARTICLE IN THE MAY/JUNE EXPLORE THE PEARL MAGAZINE...

**May 13 - July 8, 2011**

Whether you're looking for an easy, seasonal, home-cooked meal or want to get truly adventurous in the kitchen, Pearl chefs say some of their favorite recipes are totally doable at home. Just follow the [Pearl Recipe Book](#).

## GROWINGGARDENS' "CHIEF IN MY GARDEN" SERIES - TICKETS ON SALE

**May 9 - August 31, 2011**

FEATURE PORTLAND'S BEST RESTAURANTS' SUPPORT FOR GROWINGGARDENS' SCHOOL- AND HOME-SCALE FOOD GARDENING

For more information and/or ticket purchase contact:: Debra Lippoldt, Executive Director (503) 284-8420, [info@growing-gardens.org](mailto:info@growing-gardens.org)

The 8 events – staged in the backyard oases of our region's talented gardeners – will support GROWINGDARENS' mission of ensuring low-income people have the knowledge and resources they need to grow organic vegetables at home and school, creating food security and self-reliance.

"These meals are a chance to appreciate the edible bounty a backyard garden can provide – and to showcase what our work creates for the families, kids and adults in our programs," says Deb Lippoldt, GROWINGDARENS' executive director. **GROWINGDARENS** bridges the gap between eating just to be full and eating to be healthy. The approach is hands on – hundreds of volunteers devote time each fall and spring to create vegetable gardens at elementary schools and at the homes of 60 low-income families and individuals annually. For three years, home gardeners are individually supported by a skilled garden mentor, learn more through workshops and fill their beds with donated plants and seeds. Over the past 14 years, **GROWINGDARENS** has planted over 800 home gardens

## PROVIDERS

[Allergy, Asthma & Dermatology Associates](#)

[Amore Salon and Spa](#)

[Asula Chiropractic + Wellness Center](#)

[Aveda Institue Portland](#)

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[Fine Art Massage](#)

[Hosmer Chiropractic](#)

[Kanani Pearl Spa](#)

[Lace Beauty](#)

[Pearl Animal Hospital](#)

[Pearl Pilates Studio](#)

[Pearl Women's Center](#)

[Portland Dermatology Clinic](#)

[Portland Ear Testing Center](#)

[Portland Pearl Salon and Spa](#)

[Rafia Dental](#)

[Salt Grotto](#)

[Spinach Gym](#)

[The Bar Method](#)

[The Eye Studio, Dr. Tina Tsai](#)

[Urban Tan](#)

[Yo Yo Yogi](#)

[Yoga Pearl](#)

and worked with thousands of low-income elementary school children. Tickets are \$125 per person (\$80 of each ticket is a tax-deductible donation) and sell quickly.

## THE BAR METHOD SUMMER SPECIAL!

**May 11 - June 15, 2011**

The Bar Method  
904 NW Hoyt Street



We just made it easier to get sleek, toned, and streamlined this summer. Get 3 months of classes for \$550. All summer specials must be activated by June 15th, 2011. Get your hot sleek look now!

[portland.barmethod.com](http://portland.barmethod.com)

## PORTLAND DINING MONTH AT THE LONDON GRILL

**June 1 - 30, 2011**

309 Southwest Broadway  
Portland, OR 97205  
(503) 295-4110

For the entire month of June, you will receive an incredible four course meal at The London Grill for only \$25! Select between two delicious entrées, Roasted Organic Chicken Oscar or Petite

Beef Filet Wrapped in Apple Wood Smoked Bacon. For details, visit [www.downtownportland.org/diningmonth](http://www.downtownportland.org/diningmonth)



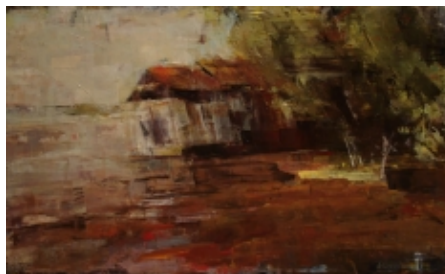
## WAYS OF ABSTRACTION: GROUP SHOW

**June 1, 2011 12:00pm - July 3, 2011 4:00pm**

424 NW 12th Ave  
Portland, OR 97209

In this show entitled "½ Ways of Abstraction" nine artists from Waterstone Gallery exhibit versions of non-representational art, though some draw their

ideas from the world of representation. The artists are exhibiting some possible versions of what it means to abstract an idea or feeling in media ranging from hammered metal to watercolor to encaustic.



## SILHOUETTE PORTRAITS

## June 13, 2011 12:00pm - 4:00pm

Green Frog Toys  
1031 NW 11th Ave.  
between Lovejoy & Marshall

Original Handcut Silhouettes by artist Karl Johnson. Call 503-222-2646 to schedule your appointment. Each portrait takes about 5 minutes. Have squirmy kids? No problem!

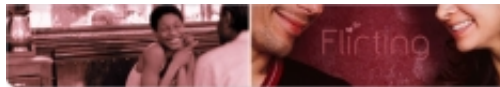
Each Beautiful Silhouette is \$25. Duplicates and frames available at an additional charge. Spend \$100 at Green Frog and your Silhouette is FREE! (This offer applies to purchases made at the time of the event.)

Visit our website for more info and to see a video of Karl at work! Then visit [cutarts.com](http://cutarts.com) to see even more of Karl's great work!

## FLIRTING 101 CLASS

### June 13, 2011 7:30pm - 9:30pm

Irving Street  
Kitchen  
Pearl District



Brush up on your dating skills with Flirting 101. Learn how to approach the opposite sex, get online dating tips, how to look good head to toes, do's and don'ts for dating, etc. Open to all ages. See website: [www.pdxspeeddating.com](http://www.pdxspeeddating.com).

## SAVE THE DATE! OREGON WINE AND CHEESE/RIBBON CUTTING WELCOME TO THE ROBERT EVANS COMPANY

### June 16, 2011 4:30pm - 6:00pm

Robert Evans Co.  
At the corner of NW  
19th and Quimby  
1505 NW 19th Ave.

One of Oregon's oldest construction companies---Robert Evans Company---invites you to our Oregon Wine and Cheese/Ribbon



Cutting Ceremony! End your work day, June 16th, in a toast as the Portland Business Alliance and Pearl District Business Association help us celebrate our relocation to Portland and expansion of services in our new "green" headquarters. (Plus it's a great excuse to sip beautiful Oregon wines and nibble on cheese at the end of the day.)

# "RIDE THE RAILS" BY WILF'S RESTAURANT & BAR

**June 16, 2011 6:00pm - 10:30pm**

800 NW 6th Ave at Union Station  
"Ride the Rails"

Wilfs' City Wine Tour, aboard a private Portland Streetcar throughout the downtown, NW and the Pearl district. Enjoy three selected wines, with Hors D'oeuvres pairings for this unique event.



Loading 10th NW Johnson at 6:25pm sharp  
Unloading 10th NW Johnson at 7:50pm  
Classic Chauffeur shuttle & complimentary show ticket to Wilfs Restaurant, for the best live Jazz entertainment.  
There, you can continue your adventure with us!  
50 limited seats, so call now and book!!!  
Cost \$ 39 per person; Call 503.223.0070

## JOIN US FOR PRIDE 2011!

**June 19, 2011**

Meet at 10:00am at Pivot,  
209 SW 4th Ave. (between  
SW Oak & Pine)

Bring friends, family, pets.

We will head out from there to our designated parade spot (to be announced – check our [website](#) as we get closer for more details).

Create your own sign for the parade – we'll have those supplies, too! We'll have coffee, fruit and donuts for everyone.



HIV-Positive and want to march with CAP? Meet us at Pivot before the parade and get a *free* Positive Force tee shirt!

Visit our booth at the Waterfront! Saturday and Sunday from noon – 6pm. RSVP to Marc Kochanski: 503.278.3814 or [mkochanski@cascadeaids.org](mailto:mkochanski@cascadeaids.org).

## SPEED DATING FOR AGES 25-38

**June 21, 2011 7:30pm - 10:00pm**

Irving Street Kitchen  
Pearl District

10 Dates in one night! PDX Speed Dating offers an exclusive way to meet pre-screened single professionals. Get all your

dating done for the year in one evening! Set up an interview with Alma today and you could be on your way to finding the guy or girl of your dreams. The event is filling fast, so don't delay!

## AMERICAN CRAFT BEER WEEK CELEBRATIONS

**June 35 - 22, 2011 2:00 pm - 10:00 pm**

Deschutes Brewery & Public House, NW 11th Ave.

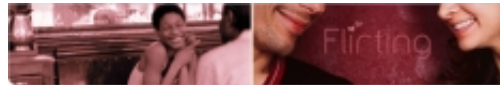
We love any excuse to celebrate, and that's why we're throwing some special parties at our Bend and Portland brewpubs to welcome in our 23rd year. Also the release date of our Reserve Series Black Butte XXIII, we'll have festivities, food and beer for all our friends in the outdoor party of the season.



## SPEED DATING FOR AGES 50 & UP

**June 29, 2011 7:30pm - 10:00pm**

Cloud Seven Cafe  
Pearl District



For Ages 50 & Up: 10  
Dates in one night! PDX Speed Dating offers an exclusive way to meet pre-screened single professionals. Get all your dating for a year done in one evening! Set up an interview with Alma today and you could be on your way to finding the man or woman of your dreams. The event is filling fast, so don't delay!

## SUNDOWN AT ECOTRUST (OUTDOOR CONCERT SERIES)

**June 30, 2011 5:30pm - 8:30pm**

The Natural Capital Center  
721 NW 9th Ave  
Portland, OR 97209

Join us at the Natural Capital Center, a hub for ideas and urban community, for a unique series of outdoor concerts that tell a story about how to live deliberately in our bioregion, learn about Ecotrust Programs and partner organization, and visit our first floor businesses.

## SPEED DATING FOR AGES 39-49

**June 30, 2011 7:30pm - 10:00pm**

Cloud Seven Cafe  
Pearl District



For ages 39 to 49: 10

Dates in one night! PDX Speed Dating offers an exclusive way to meet pre-screened single professionals. Get all your dating for the year done in one evening! Set up an interview with Alma today and you could be on your way to finding the man or woman of your dreams. The event is filling fast, so don't delay!

## WEDNESDAY PREVIEW NIGHT AND FIRST THURSDAY

**May 4, 2011 6:00pm - December 31, 2011 8:00pm**

937 NW Glisan  
Open Wednesday  
from 6 pm to 8 pm

Open Thursday from  
5 pm to 9 pm

On going exhibit of  
local NW artists  
featuring Bud Egger's  
broze work.



## HATHA SALT YOGA IN THE SALT ROOM

**May 3, 2011 5:30pm - December 31, 2011 12:00am**

Salt Grotto  
906 NW 14th Ave  
Portland, OR

Mindful awareness.  
Meditation in motion.  
Yoga in the salt.  
Salt Grotto offers  
Hatha Salt Yoga  
(YES, yoga in four  
inches of Dead Sea  
Salt). Classes start  
May 3 2011.

Practicing yoga in the  
salt is similar to yoga  
on the beach, only  
better. The salt  
contours each part of  
your body. Hatha Salt  
Yoga brings your  
mind and body into a  
deeply relaxed and  
meditative state.

Incredible relaxation and restoration.

For more details visit [www.thesaltgrotto.com](http://www.thesaltgrotto.com) or call at 971-255-1053

A flyer for Hatha Salt Yoga Classes. At the top, it says "Starts May 3!!" and "HATHA SALT YOGA CLASSES". Below this is a central image of a yin-yang symbol with a moon. Underneath the image are three columns of text: "HA (SUN)", "THA (MOON)", and "LAVANAM (SALT)". Below these columns is a paragraph: "Mindful awareness. Meditation in motion. Yoga in the salt." followed by several bullet points describing the benefits of the practice. At the bottom, it lists the class schedule: "Yoga classes : Saturday 10:30-11:30 Tuesday 6:30-6:30" and the location: "Salt Grotto, 906 NW 14th Ave, Portland, OR, 971-255-1053". There is also a small Facebook logo at the bottom.

**WWW.EXPLORETHEPEARL.COM**

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Pearl District Business Association  
1022 NW Marshall Street; #500  
#500  
Portland, Oregon 97209  
USA