



Pearl District Happenings

January 5, 2011

## First Thursday



January's Artist of the Month

### Through January 31

Join us at Cloud Seven Cafe where myhungryeye.com will be featured as our Artist of the Month for the month of January. [Cloud Seven Cafe](#), 901 NW 10th Ave.

Nobal Home's First Thursday Event

### January 6

Come join us for a glass a wine and check out our new furniture and home decor pieces! [Nobal Home](#), 110 NW 9th Ave.

The Art Institute of Portland Gallery presents -  
Quantum Paintings

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## January 6, 6pm - 8pm

The Gallery at the Art Institute of Portland presents Quantum Paintings by Justin Auld. In this pastoral series of cloudscapes Auld explores the depth of individual interpretation. Auld begins his process with a calculatedly randomized gesture, throwing a paint soaked rag on masonite. He then lays down a progression of aesthetic decisions based on the shapes he finds in that first mark, building a landscape, a fixed location, out of elements of chance and creating a quasi-quantum experience along that intersection of the infinite variables in the rag mark and his own subsequent actions. He invites the viewer to share in that sense of infinite possibility by incorporating some of the core discoveries he made at the start of the work into the clouds that dominate the picture plane, encouraging the viewer to find their own shapes and images. Justin Auld received his MFA from PSU in 2005 and has been showing in Portland since 2000. Auld is currently an instructor at the Art Institute of Portland. [The Art Institute of Portland Gallery](#), 1122 NW Davis St.

## WeVillage Open Late for First Thursday!

### January 6, 6pm - 10pm

WeVillage is open late for First Thursdays!! Make your reservation for your child and go out and enjoy yourself!! Call 503-935-5590. [WeVillage](#), 424 NW 11th Ave.

## BodyVox Open Studio

### January 6, 6:30pm - 8pm

Step behind the scenes and deep inside the creative process with BodyVox's Open Studio Series. Join BodyVox and guest moderator, Oregon Art Beat's Jeff Douglas, for a free preview of BodyVox-2's upcoming performances. BodyVox-2 performs an entertaining and dynamic show composed of classic BodyVox dances and original works created especially for them. Watch and interact as the company prepares for opening night.

Doors open at 6:30pm. Preview performance and moderated discussion start at 7pm. [The BodyVox Dance Center](#), 1201 NW 17th Ave.

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[Salt Grotto](#)

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[Spinach Gym](#)

[The Bar Method](#)

[The Eye Studio. Dr. Tina Tsai](#)

[Urban Tan](#)

[Yo Yo Yogi](#)

[Yoga Pearl](#)

# This Month in the Pearl

## Nostalgia: Originals, Reproductions, Jewelry & Unique Gifts to Warm Your Heart

**Through January 5, 2011**

We have gifts galore for your friends and family and fine art to spice up your home! We have something for everyone: rings and pendants by Mirror Botanical Jewelry, Portland scenes and maps, photo tiles by Mike Brown, the immaculate botanical etchings of Sandra Carlson, Original chalk pastels by Laura Walker Scott, Rock & Roll Hand pulled screen prints by Gary Houston, original etchings and lithographs by Jonathan Garcia and much more!

Come see our most fabulous new line of unique, top-quality Ready-Made Frames to quickly capture your art or photos. Our new line of Ready-Made Frames are some of the finest available. We are happy to work with you personally to create the perfect piece or envision the perfect art combination to liven up the space in your home or office.

In continuation from last month, we are showing our newest selection of genuine antique prints and maps, along with our fine art Giclee reproductions of select images (many of them regional), including historical maps and original plates of plants and shells. These magnificent original antique prints range from 1600s through the 1900s and many were done by the practices of wood-engraving, hand colored copper engraving, hand colored lithography, black & white engraving and some were intended as ephemera but have become instant collectible antiques. The Giclees are printed on canvas in-house by Pearl Printing, hand-stretched to give them a timeless look -- ready to hang on the wall!

Let us know if there is a special interest or theme that you are looking for in an antique collectible print and we would be happy to find it for you. We offer a special personal service - reproduce your own family photos or memorabilia in large-scale on canvas, photo or water color paper!! We will scan, enlarge and reproduce your precious moments -- turn that small-scale picture of grandma into a mural; collage those concert tickets with your photos! We are happy to work with you to print on canvas, water color paper, photo paper and to frame anything you may need to make your holidays and everyday home life artistic and beautiful. [Pearl Gallery & Framing](#), 1017 NW Davis St.

## A Special Offer from Encore Audio Video (formerly Northwest Sony Only)

**Through January 15, 2011**

Just yesterday one of our customers commented, "Encore is not your typical audio-video store, it's an experience." Yes, Encore is an experience, by design. That's because our customers can experience the latest technology whether it's 3D Movies and gaming, surround-sound, wireless digital music, or having one remote control that operates all their electronics in one easy-to-use manner.

For more than 25 years, Encore Audio Video (formerly Northwest Sony Only) has been working with Portlanders to design unique audio-video solutions that offer exceptional performance, value and ease of operation.

Encore is in a unique position in Portland in that we are a "middle-sized" retailer. Large enough to offer a broad selection of brands and products at competitive prices and small enough to provide you a truly personal and customized system design and installation, regardless of your budget.

We invite you to experience Encore this holiday season. To make your visit even more rewarding [we want to provide you with this \\$30 Gift Certificate](#) to use toward anything in the store between now and January 15, 2011. [Encore Audio Video](#), 1610 NW Glisan St.

## Recycling Solutions: A Post-Holiday Recycling Event

**January 8, 2011 10am - 4pm**

Whole Foods Market, Loading Dock, 13th between Burnside and Couch. Dispose of your post-holiday items in an eco-friendly way! Whole Foods Market Green Mission is partnering with City Recycle, EFI Recycling, Total Reclaim and Goodwill Industries to collect the following: Non-curb-side recyclable Plastics, Block Styrofoam, Electronics, and Household Items & Clothing. Bring items to your local Whole Foods Market to recycle them responsibly! [Whole Foods Market Pearl](#), 1210 NW Couch St.

## Starting off the New Year Right

**January 10, 6:30pm - 7:30pm**

Whole Foods Market, in the Salud Room

Are you tired, feeling less fit than you would like, or having difficulty reaching your ideal body weight with the diet you consume?

Dr. Gary Weiner, naturopathic physician, acupuncturist, and medical director of Pearl Natural Health, will share secrets to recapturing lost energy, feeling fit, shedding pounds and inches, and getting healthy in 2011. Learn strategies for achieving your New Year's Resolutions. Learn about the hormones affecting energy, metabolism, and weight, and what you can do to improve their function. Learn about the relationship between fat and toxicity, how toxic chemicals cause the body to hold onto fat, and how detoxing the body and losing weight go hand in hand with the production of energy and general wellness. Learn the five key ingredients that when unified, bring about lasting results that not only help you lose weight, but have you looking and feeling younger.

Dr. Weiner's talk will combine do-it-yourself strategies and self-help with therapeutic approaches based on 14 years of clinical experience treating patients with chronic fatigue and difficulty in losing weight. Whether you are working on particular health problems, feeling tired, or are struggling with losing 5 pounds or 50, this talk may provide useful information and strategies you can use.

To sign up please email Mary Crowe at [mary.crowe@wholefoods.com](mailto:mary.crowe@wholefoods.com). This class is free, but space is limited.

This class repeats on again on January 20th from Noon-12:45, both classes offer the option of a nutritious meal prepared by Whole Foods Market chefs for just \$5. [Whole Foods Market Pearl](#), 1210 NW Couch St.

## Community Support Day

### January 13

Whole Foods Market Pearl is proud to partner with Isobel's Clubhouse for our community support day. Today 5% of our store's sales will go directly to this amazing 501c3 serving families in the Pearl and downtown. Join us for activities throughout the day including story time in the Mezz at 10:30, Kids Food Craft at 3PM, and at 6:30 the return of our Half Shell Happy Hour. [Whole Foods Market Pearl](#), 1210 NW Couch St.

## Meditation at the Salt Grotto

**January 18, 9am - 10am**

A great opportunity to enjoy the benefits of salt therapy while enjoying the practice of meditation.

Our Meditation teacher AARON PYNE has been teaching and practicing meditation for over seven years. He has been trained in a wide variety of meditation practices that he blends together to best assist others in connecting with their center. Aaron is also a certified energy healer as well as a visionary artist. [Salt Grotto](#), 906 NW 14th Ave.

## Deklun and Pace

**January 20, 9pm - 11pm**

Deklun and Pace. Computer and Trumpet. Live and Improvised. You will never hear the same show twice.

Figured something short and to the point would be preferred but if space allows it here is a little more to use at your creative discretion:

Having been the musical backdrop for outdoor farm and mountaintop festivals, loud and heavy rock halls, art houses, intimate clubs, creative rebirths, beaches, forests, plush dance lounges and eclectic coffeehouses, Deklun and Pace offer a sound that presents something for everyone and caters to all ages. They reach out to whomever might gift the platform to speak to the people and let them be the judge of whether or not they have something worth sharing.

I can also send you a photo to upload to the site if permitted. You may find our promotional flyer under the photos section of our website below if you would like to see it for yourself beforehand. I will also put a link to some recent literary love courtesy of Oregon Music News in the event you want to read some words on our music from someone other than me:

<http://oregonmusicnews.com/blog/2010/12/16/connected-energy-deklun-pace-with-joyfool-at-pub-at-the-end-of-the-universe/>

Please advise if you need more information or if there is an alternative route I can take in order to add our show to your online events calendar. Otherwise wishing you all the best for the coming holidays and we look forward to

becoming a part of the explorethepearl.com collective in the coming year.

[Camellia Lounge @ The Tea Zone](#), 510 NW 11th Ave.

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**WWW.EXPLORETHEPEARL.COM**

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